

## Appendix B – Illness Policy

*This Illness Policy was adopted by CADS National on July 21<sup>st</sup>, 2020 and is being set-up within Snowline to be required reading as part of the membership registration process. Clubs & Divisions are encouraged to adopt this policy directly.*

### Policy Statement

In this policy, “Participant” includes any employees or paid staff, Instructors, Coaches, Volunteers, Students, Athletes, or dedicated parent/caregiver volunteers that participate or are assigned in a group lesson of 2 or more.

1. Any Participant shall inform an individual in a position of authority (paid staff, Coach, Instructor or Program Coordinator) immediately if, they feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, unusual muscle aches or fatigue or unusual loss of appetite.
2. Assessment
  - a. Participants must review the self-assessment signage located throughout the facility each morning before their activity to attest that they are not feeling any of the COVID 19 symptoms and/or be prepared to participate in daily symptom screening or assessment. Such screenings and assessments are subject to and must be compliant with privacy laws.
  - b. Paid staff, Coach, Instructor or Program Coordinator will visually monitor Participants to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the activity.
  - c. If Participants are unsure, they should be instructed to use a self-assessment tool.
3. If a Participant is feeling sick with COVID-19 symptoms
  - a. They should remain at home and contact their local Public Health authority.
  - b. If they feel sick and /or are showing symptoms while at work or at the snow sport activity, they should be sent home immediately and have them contact a doctor for further guidance.
  - c. No Participant may participate in a practice/activity if they are symptomatic.
4. If a Participant tests positive for COVID-19
  - a. The Participant will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.

- b. Any Participants who works/plays closely with an infected Participant will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further, unless they have tested negative for CoVid-19 following exposure to the infected Participant.
  - c. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.
- 5. If a Participant has been tested and is waiting for the results of a COVID-19 Test
  - a. As with the confirmed case, the Participant must be removed from the workplace/practice/facility.
  - b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call their public health authority.
  - c. The applicable public health authorities may inform other Participants who may have been exposed and ask that they be removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
  - d. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
- 6. If a Participant has come in to contact with someone who is confirmed to have COVID-19
  - a. Participants must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
  - b. Once the contact is confirmed, the Participant will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Participants who may have come into close contact with the Participant will also be removed from the workplace for at least 14 days.
  - c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
- 7. Quarantine or Self-Isolate if:
  - a. Any Participant who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
  - b. Any Participant with confirmed or probable symptoms of COVID-19 is not permitted to enter any part of the facility.
  - c. Any Participant from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility.
  - d. Any Participant who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.